



Welcome to the
Interdisciplinary Pediatrics Center at
KAISER PERMANENTE
CAPITOL HILL MEDICAL CENTER

700 Second St. NE, Floor 8 | Washington, DC 20002 | **202-346-3690**



Dear valued Kaiser Permanente member,

The Kaiser Permanente Interdisciplinary Pediatrics Center, located at our Capitol Hill Medical Center, is committed to providing comprehensive and compassionate care for our pediatric patients and their families.

Our Pediatric Specialists have been trained at some of the premier institutions in the country, which are nationally ranked on U.S. News & World Report's Best Children's Hospitals Rankings. Collectively, we have decades of experience caring exclusively for babies, children, and teens. We offer a wide range of pediatric specialties, including cardiology, endocrinology, hematology/oncology, gastroenterology, neurology, and urology, among other specialties.

Additionally, at the Capitol Hill Medical Center, we provide specialized treatments and procedures for our pediatric patients. This includes a pediatric infusion suite, which provides chemotherapy infusions, blood transfusions, and infusions for inflammatory bowel disease. In our ambulatory surgical center, we are able to provide pediatric endoscopy services with anesthesiology support. Other services we offer include echocardiography, diabetes education, pediatric nutrition, phlebotomy, pediatric clinical pharmacy, and many other services such as on-site radiology for urgent imaging studies.

We are proud to have a child life specialist, a social worker, and a case manager available on-site to help our patients and families better cope with their illnesses and subsequent treatment, and even enjoy their visit. We are dynamic in our delivery-of-care model. Our patients come from as far north as Harford County, Maryland, and as far south as Fredericksburg, Virginia. Given the geographic spread of our patients, we provide face-to-face consultations as well as video and phone consultations.

As Chief of Pediatric Medical Subspecialties, I am proud to lead our department—and on behalf of our pediatric subspecialists, it would be our continued privilege to treat your child and collaborate with you on their care. Please contact me directly if I can provide any assistance regarding your child's care. The Pediatrics Specialties Department number is **202-346-3690**.

Sincerely,

Raafe Ghouse, MD
Chief of Pediatric Medical Subspecialties
Pediatric Gastroenterology
Mid-Atlantic Permanente Medical Group, PC

List of pediatric specialties

- **Pediatric Cardiology**

Pediatric cardiologists provide care for congenital and acquired heart disease and for common and complex heart conditions in children.

- **Pediatric Dermatology**

Pediatric dermatologists treat both common and complex disorders of children's hair, skin, and nails.

- **Pediatric Development**

Specialists evaluate children at risk for, or exhibiting, developmental delays or differences, and assess conditions ranging from birth-related complications to motor or language delays and behavioral problems or differences.

- **Pediatric Endocrinology**

Pediatric endocrinologists diagnose and treat issues such as adrenal and hormone disorders and diseases; diabetes mellitus, type 1 and type 2; delayed puberty; and thyroid disorders.

- **Pediatric Gastroenterology**

Pediatric gastroenterologists treat children with digestive disorders such as celiac disease, inflammatory bowel disease, and liver diseases.

- **Pediatric Genetics**

Geneticists counsel and support children with genetic disorders and inherited metabolic disorders, such as Down syndrome and familial hypercholesterolemia.

- **Pediatric Hematology/Oncology**

Pediatric hematologists and oncologists treat children with blood disorders and diagnose and treat childhood cancer.

- **Pediatric Neurology**

Pediatric neurologists treat children with disorders of the nervous system.

- **Pediatric Ophthalmology**

Pediatric ophthalmologists treat complex eye problems, congenital disorders, and rare eye conditions such as strabismus, childhood cataracts, and glaucoma.

- **Pediatric Psychiatry**

Pediatric psychiatrists provide assessments, diagnoses, and care for children with behavioral, emotional, and developmental disorders, including ADHD, autism, anxiety, depression, and eating, learning, and panic disorders.

- **Pediatric Psychotherapy**

Pediatric psychologists understand the behavioral health needs of children and treat conditions such as ADHD, autism, bipolar disorder, depression, obsessive-compulsive disorder (OCD), and schizophrenia.

- **Pediatric Radiology**

Pediatric radiologists use state-of-the-art technology—ultrasound, X-rays, CT scans, and MRIs—to visualize the inside of the body and diagnose and treat disease in children.

- **Pediatric Urology**

Pediatric urologists treat children with illnesses of the genitourinary tract.





About the pediatric specialty floor



We provide our youngest patients and their families with a bright and welcoming space on the eighth floor of the Kaiser Permanente Capitol Hill Medical Center. Our area includes a new playroom, warm and friendly exam rooms, patient and family education rooms, and an interactive audiovisual wall for children. Our patients know that a trip to our facility can be fun, which helps families stay at ease in what can be a stressful situation.

Our team

Kaiser Permanente members have access to award-winning Mid-Atlantic Permanente Medical Group pediatric specialists from 13 specialties, who are able to address a broad range of medical problems and conditions that may affect a child. Since these specialists regularly review patient charts and consult on specific cases at the request of pediatricians, many of our pediatric patients are evaluated by a pediatric specialist and receive care without ever having to make an extra appointment to see one.



Raafe Ghose, MD, Chief of
Pediatric Medical Subspecialties
Pediatric Gastroenterology



Carla Hanash, MD
Pediatric Cardiology



Chuck Ng, MD
Developmental Pediatrics



Jason Mitchell, MD
Pediatric Cardiology





Anna Isfort, MD
Pediatric Endocrinology



Beth Carella, DO
Pediatric Hematology/Oncology



Katherine Stanley, MD
Pediatric Endocrinology



Eva Perdahl-Wallace, MD-PhD
Pediatric Hematology/Oncology



Asha Willis, MD
Pediatric Gastroenterology



Marleigh Erickson, MD
Pediatric Neurology



Jasmin Roohi, MD
Pediatric Genetics



Alpa Vashist, MD
Pediatric Neurology



Pim Suwannarat, MD
Pediatric Genetics



Adebunmi Adeyiga, MD
Pediatric Radiology



Anjum Bandarkar, MD
Pediatric Radiology



Shashi Ranganath, MD
Pediatric Radiology



Seyed Emamian, MD
Pediatric Radiology



Tanya Davis, MD
Pediatric Urology

PEDIATRIC CLINICAL PHARMACISTS

Nikki Glasgow, PharmD., Pediatric Clinical Pharmacy

Penny Ngo, PharmD., Pediatric Clinical Pharmacy

PEDIATRIC NURSES

Nicole Reyes, BSN,
Clinical Operations Manager

Eileen Abellano, RN, BSN, CPHON

Laura Byers, RN, BSN

Mary Chandler, RN, MSN, CPON

Uzo Egudu, RN

Aileen Garcia, RN, MSN, CPHON

Jackie McGruder, RN

Tiffani Sowa, RN, BSN, CPHON

Emily Stern, RN

Alison Winter, RN

PEDIATRIC SUPPORT TEAM

Margaret Dominado, BSN, MSN, RN,
Case Manager

Kellie Matters, CCLS, Child-life
Specialist

Brandy Robinson, LCSW, RN,
Pediatric Phlebotomy

What to know



CHECK-IN

It's important that you arrive on time for all of your scheduled appointments, but if something occurs that impacts your arrival time, please notify the clinic at **202-346-3690**.

All members under 18 who are being treated must be accompanied by a parent or legal guardian, who must remain with the member throughout the visit. If a parent or legal guardian cannot be present during the visit, an appointed family member over 18 may be with the child if there is a written and signed consent from the parent, allowing that person to make medical decisions on the parent or legal guardian's behalf.

LAB TESTS

Sometimes your doctor will order lab tests that need to be done prior to your child's treatment.

HAND WASHING

All members of your child's health care team must wash their hands before touching your child—no exceptions. If you notice that your care providers do not wash their hands or use hand sanitizer, please ask that they wash their hands before examining your child.

FINANCIAL ASSISTANCE

Kaiser Permanente has a program that may be able to assist you with copays for your visits and medications. Please ask a social worker or nurse for more information.

KP.ORG

If you have not already, we encourage you to register on **kp.org**. This is a convenient way for you to communicate with your health care team electronically. Once registered, you can view lab results, see diagnostic imaging results, and email your doctor with any questions you have. You can also schedule appointments and request certain prescription refills.

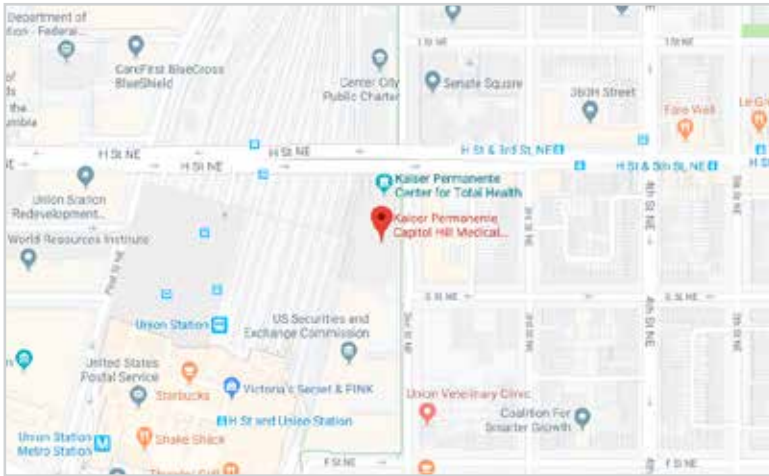
ASK QUESTIONS

Please ask questions and raise any concerns you have about your child's condition. Do not be afraid to ask us to repeat ourselves or to provide additional resources to help you understand everything we discuss with you. We want to help.

How to reach us

ADDRESS

Kaiser Permanente Capitol Hill Medical Center
700 Second St. NE, Floor 8, Washington, DC 20002



GETTING HERE

- **Parking** – Free parking is available. Please park in the attached garage and bring your parking ticket with you. When checking in for your appointment, please have the receptionist stamp your ticket. You can validate the ticket at the security desk on Level LL when you leave.
- **Public transportation** – We are conveniently attached to Union Station, which has transfer points for MARC, VRE, and Metrorail trains.

IMPORTANT PHONE NUMBERS FOR PATIENTS

- Pediatric Specialties Department: **202-346-3690**
- Advice Line/appointments: **800-777-7904**
- Prescription refills: **866-269-0551**
- Member Services: **800-777-7902 (TTY 711)**, Mon – Fri, 7:30 a.m. – 5:30 p.m.

Notes

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Interdisciplinary Pediatrics Center at
KAISER PERMANENTE
CAPITOL HILL MEDICAL CENTER



Kaiser Foundation Health Plan of the Mid-Atlantic States, Inc.
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